

# LUFKIN ISD *cheerleader information packet*

## 2022-2023 Cheer/Mascot Tryout Information Packet

Dear Cheerleader/Mascot Candidate & Parents:

Thank you for your interest in becoming a Lufkin High School cheerleader or mascot. The role of cheerleader is very important in high school and middle school to maintain school spirit and leadership on campus. Being a Lufkin cheerleader is considered a high honor, fun and sometimes glamorous, but it is a lot of hard work that requires service and dedication on the part of the cheerleader and the parents. You will represent Lufkin ISD, the city of Lufkin and are held to a higher standard because of your position. Cheerleaders at Lufkin High School/Lufkin Middle School are expected to maintain a high level of academic achievement and citizenship. Being a cheerleader has a cost factor involved and these costs vary by squad. Costs are included in this packet of information, and it is imperative that financial obligations are understood. The LHS Cheer Booster Club will fundraise for additional expenses to help the high school cheer program during the school year. All LHS cheer parents are strongly urged to be an active member of the LHS booster club.

If you feel you would make a good cheerleader/mascot candidate, be sure you and your parents carefully read **ALL** the contents of this packet as well as the Lufkin ISD Cheerleading Constitution. It is crucial that you meet all the deadlines for attendance and forms, or you will not be considered for the 2022-2023 teams. If you have any questions about any information contained in this packet, please contact Dr. Cauthen at [tccauthen@lufkinisd.org](mailto:tccauthen@lufkinisd.org). We are looking forward to having a great year of cheerleading at Lufkin High School and Lufkin Middle School!

Sincerely,

Dr. Ty Cauthen, Principal for Student Activities  
Kayla Campbell, Lufkin High School Assistant Coach  
Julie Kimble, Lufkin Middle School Coach  
Randi Berger,, Lufkin Middle School Assistant Coach

### **Important Phone Numbers**

Lufkin High School – 632-7721  
LHS Asst. Principal of Activities – 633-7838  
LHS Cheer Office – 630-4167  
Lufkin Middle School – 630-4444

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**NO LATE APPLICATIONS WILL BE ACCEPTED!**  
**NO EXCEPTIONS.**

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## IMPORTANT DATES

### OPTIONAL Cheer Clinic Dates for Tryouts:

- Athletes are encouraged to attend 3 - free cheer clinics prior to tryout week.
- These clinics are held on Wednesdays: February 16th, 23rd and March 2nd from 4:00 - 5:00 pm.
- Athletes will learn basic cheer requirements including: jump technique, motion placement, basic tumbling skills and expression/voice while cheering. Coaches will be available to answer any candidate questions.

### Important MANDATORY Dates for Tryouts:

|              |  |
|--------------|--|
| February 24  | <b>Parent/Guardian &amp; Candidate Tryout Meeting (ALL CANDIDATES)</b><br>LHS Auditorium, 6:15 pm/Must attend meeting to receive a link for the tryout application.  |
| February 28  | <b><u>All</u> tryout applications due <u>ONLINE</u> by 4pm.</b><br>No late applications will be accepted. No exceptions.   |
| March 7 - 10 | <b>Mandatory Cheer Tryout Week</b><br>LMS/FRESH - 4:00 pm - 5:30 pm LMS PANTHER GYM<br>VARSITY/JV - 4:00 pm - 5:30 pm LHS PURPLE GYM<br><b><i>Candidates will learn all tryout material during this time.</i></b>  |
| March 11     | <b>Lufkin ISD Cheerleading Tryouts</b> (all teams) - LHS Purple Gym<br>Tentative Schedule below: ( <i>firm times will be shared the week of tryouts</i> )<br>1:00 pm - LHS Mascot Candidates<br>1:30 pm - Varsity Cheer Candidates<br>2:30 pm - JV Cheer Candidates<br>3:30 pm - Freshmen Cheer Candidates<br>4:30 pm - LMS Cheer Candidates/LMS Mascot Candidates |

### Future Mandatory Dates for Selected Cheerleaders:

*(Dates below are tentative and are being finalized. Set dates will be distributed following tryouts)*

|                    |   |
|--------------------|---|
| March 24           | LMS/LHS Cheer <b>22-23 Mandatory NEW TEAM Parent Meeting</b> (location TBA)                         |
| April 1            | <b>Scholarship Application</b> due to LHS Front Office/Dr. Cauthen                                  |
| April 8            | <b>1st \$200 payment due</b>  |
| April 22           | <b>2nd \$200 payment due</b>  |
| May 6              | <b>3rd \$200 payment due</b>  |
| May 20             | <b>Fundraiser Money Due</b>   |
| May 25             | <b>Cheer Balance Paid in Full</b>   |
| Beginning Mid July | LHS Camp Practice<br>Uniform Pick Up and LMS/LHS Team/Individual Pictures<br>LHS/LMS NCA Cheer Camp |

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## Lufkin Cheerleader Procedure for Selection

### Lufkin Cheer Tryout Applications

**ALL CANDIDATES** must have completed and turned in the **online application** by 4:00 pm on Monday February 28th. Applications will be posted on the Lufkin Cheer Website: <http://lufkincheer.weebly.com/> following the mandatory parent/candidate meeting. **NO LATE APPLICATIONS WILL BE ACCEPTED.**

### Lufkin Cheer Tryout Clinics

|  |   |
|--|---|
| <p><b><u>LMS/Freshmen Candidates:</u></b><br/>Middle School Panther Gym<br/>Monday March 7th - Thursday March 10th<br/>4:00 pm - 5:30 pm</p> | <p><b><u>Junior Varsity/Varsity Candidates:</u></b><br/>High School Purple Gym<br/>Monday March 7th - Thursday March 10th<br/>4:00 pm - 5:30 pm</p> |
|--|---|

- Mascot Candidates will meet on Monday, March 7th at the same time/location.
- **ALL** candidates should wear the following to each clinic:
  1. T-shirt, shorts (with spankies underneath), and tennis shoes or cheer shoes.
  2. Hair should be secured, away from the face, in a ponytail.
  3. No jewelry of any kind may be worn.
  4. Cell phones will be turned in at the beginning of the clinic and passed back out at the end of the clinic.
- **These are closed clinics.** No one except the coaches and candidates may be present during this teaching time. Candidates may access the tryout material at the conclusion of the March 9th clinic via [www.lufkincheer.weebly.com](http://www.lufkincheer.weebly.com) . Numbers for the order of tryouts will be drawn on Wednesday March 9th at the end of the clinic.

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## Lufkin ISD Cheerleading Tryouts

- LMS and LHS CHEer Tryouts for all teams will be held on **FRIDAY, MARCH 11, 2022** on the Lufkin High School campus. This is an early dismissal day and candidates must be present at school on March 11th to be eligible to tryout.
- There will not be special accommodations for injuries. No video tryouts will be allowed for unless pre-approved by the coaches and school administrators prior to the tryout clinic start date of March 7th.
- All cheer candidates will perform jumps, tumbling (optional), one cheer, and a one dance for the judges. Jumps, tumbling and the cheer portion will be performed individually. The dance will be performed in groups of 2-3, depending on tryout numbers.

All candidates will be required to wear the following:

1. Plain white t-shirt or tank top, solid purple shorts and tennis shoes.
  2. Hair should be pulled back in a ponytail, with a white bow.
  3. No jewelry of any kind may be worn.
- All Mascot candidates will perform one skit displaying a use of music, props and crowd involvement. Mascot skits should not exceed 3 minutes in total. Mascots are encouraged to use props.

*On Tryout Day, the gold gym will be open for cheer candidates to warm up tumbling and jumps on the mats.*

*After check in, all candidates will be required to stay in the gold gym until their tryout time.*

*Phones will be collected at check in and returned following each athlete's final portion of the tryout.*

- **ALL tryouts are closed.** Candidates should be released approximately 1- 1.5 hours after their tryout start time depending on the number of candidates for each squad. Judges may feel the need to have callbacks, in which they will request to see certain candidates again.

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## 2021 Lufkin Cheer Tryout Score Sheet

|   |   |
|---|---|
| <p><b>Spirit</b><br/>Expression &amp; Voice (0 to 5 pts)<br/>Motion Technique (0 to 5 pts)</p>  | <p>Total Spirit Points:<br/><br/>_____ UP TO <b>10</b> pts</p>            |
| <p><b>Jumps (Toe Touch must be one of the jumps)</b><br/>Jump ONE (0 to 5pts) _____<br/>Jump TWO (0 to 5pts) _____<br/>Jump THREE (0 to 5pts) _____</p>   | <p>Total Jump Points:<br/><br/>_____ UP TO <b>15</b> pts</p>              |
| <p><b>Tryout Cheer</b><br/>Motion Placement &amp; Sharpness (0 to 5 pts)<br/>Timing &amp; Memory (0 to 5 pts)<br/>Expression &amp; Voice (0 to 5 pts)<br/>Jump Technique (0 to 5 pts)<br/>Spiriting (0 to 5 pts)</p>  | <p>Total Cheer Points:<br/><br/>_____ UP TO <b>25</b> pts</p>             |
| <p><b>Tryout Dance</b><br/>Motion Placement &amp; Sharpness (0 to 5 pts)<br/>Timing &amp; Memory (0 to 5 pts)<br/>Rhythm (0 to 5 pts)<br/>Expression &amp; Facials (0 to 5 pts)<br/>Overall Energy (0 to 5 pts)</p>   | <p>Total Dance Points:<br/><br/>_____ UP TO <b>25</b> pts</p>             |
| <p><b>Running Tumbling: (if applicable)</b><br/>Level Pass: cartwheel, round-off (0 to 2pts)<br/>Medium Pass: R/O BHS (0 to 4pts)<br/>High Medium Pass: R/O Multiple BHS or R/O Tuck (0 to 6pts)<br/>High Pass: R/O BHS to Tuck, R/O Multiple BHS to Tuck (0 to 8pts)<br/>Elite Pass: R/O Multiple BHS to a Layout or Full (0 to 10 pts)<br/>*a whip in any pass is considered an Elite Pass*</p> | <p>Total Running Tumbling Points:<br/><br/>_____ UP TO <b>10</b> pts</p>  |
| <p><b>Standing Tumbling: (if applicable)</b><br/>Front Walk-Over, Front Punch or BHS (1 pt)<br/>Standing BHS (0 to 2pts)<br/>Multiple BHS (0 to 4 pts)<br/>Standing Tuck (0 to 6 pts)<br/>BHS Tuck or multiple BHS to Tuck (0 to 8 pts)<br/>BHS to Layout or Full OR multiple BHS to Layout or Full (0 to 10 pts)</p>   | <p>Total Standing Tumbling Points:<br/><br/>_____ UP TO <b>10</b> pts</p> |
| <p><b>Overall Impression</b><br/>How well was the overall performance?<br/>Points may be deducted for incorrect tryout attire.</p>  | <p>Total Overall Impression Points:<br/><br/>_____ UP TO <b>5</b> pts</p> |
| <p><b>TOTAL POINTS</b> (out of 100 points)</p>  | <p><b>TOTAL POINTS:</b> _____</p>   |

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## Lufkin Mascot Procedure for Selection

### Tryout Process

1. Candidates are required to create one 2-4 minute skit for their tryout. Candidates will have access to the Panther Mascot Suit for this skit. The skit must include props and music.  
 \*\*Mascot candidate music must be pre approved by the coach prior to tryouts.
2. All mascot candidates will also complete an short online survey answering the following questions: (a link to this survey will be provided to the candidate prior to the submission date)
  - a. How can you bring spirit to your school and community?
  - b. What is your definition of school spirit?
  - c. Why would you be a good mascot?
  - d. What can you do at the games to get the crowd more involved?

## Lufkin Mascot Tryout Score Sheet

|                                  |  |
|----------------------------------|--|
| Enthusiasm/Crowd Appeal          | Total Enthusiasm Points: _____ UP TO 25pts |
| Character Antics/Movements       | Total Character Points: _____ UP TO 25 pts |
| Creativity of Skit & Props       | Total Creativity Points: _____ UP TO 25pts |
| Mascot Interview Answers         | Total Props Points: _____ UP TO 25pts      |
| <b>TOTAL POINTS (out of 100)</b> | <b>TOTAL POINTS: _____</b>                 |

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## **NEW Information!**

## **\_\_\_\_\_ Procedure for Selection of Captain/Sr. Sargents**

Candidates who meet the qualifications stated in the Lufkin Cheer Constitution are eligible to pick up the packet for selection of Cheer Captain and Sr. Sargent. These packets will be available at Cheer Tryouts (3/4/22) and are due MARCH 18th, 2022 at 4:00 pm. No late applications will be accepted.

### **Overview**

The overall score of each candidates tryout will be combined with the following items to select the LHS Varsity Cheer Captain/Co-Captains and Sr. Sargent(s). These items will include: Google Slide Presentation (35 pts), Interview (25 pts), Original Cheer & Dance (25pts), Essay Prompt (15pts). Additionally a score will be given based on Merit/Demerit (20pts).

- Judges (2) will score each candidate individual.
- Each judges score will be added to create an overall score.
- Each Judge will be using a rubric for guidance in scoring.
- Merit/Demerit score will be added one time to the total score.
- The maximum score a candidate could receive is 420 pts.
  - Tryout 100pts x 3 Judges = 300 pts
  - \_\_\_\_\_ -Captain/Sr. Sargent Requirements = 100 pts
  - \_\_\_\_\_ -Merit/Demerit Score = 20 pts



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## Financial Information

Each cheerleader or mascot must assume the responsibility of expenses incurred from purchasing uniforms, attending cheerleader camp, and any additional miscellaneous expenses. **These amounts are based on previous years expenses, and may vary. The total bill for the 2022-2023 school year may be less than the amount listed below. Returning members may recycle uniform pieces, spunks, rain jackets, etc from previous years to cut down on expenses. You may also purchase uniform pieces from a retired member.**

| Last Years Costs<br>2021-2022 | Cheer Cost<br>Split into<br>payments | Camp Cost |
|-------------------------------|--------------------------------------|-----------|
| LMS Cheer                     | \$ 650                               | \$ 300    |
| Freshmen Cheer                | \$ 700                               | \$ 300    |
| Junior Varsity Cheer          | \$ 800                               | \$ 300    |
| Varsity Cheer                 | \$ 900                               | \$ 300    |
| LHS/LMS Mascot                | \$500                                | \$ 300    |

**Each selected cheerleader or mascot is responsible for the total balance.**

**After uniform fittings, your individual bill will be sent via email to the parent or guardian.**

### Please note:

- 1) Scholarship funding may be up to, but not exceed, 50% of the total "Cheer Cost" bill. There is a limited amount of scholarship money, therefore the amount of scholarship money may vary by squad and by person. These are need-based scholarships only.
- 2) After tryouts, we will hold a raffle ticket fundraiser that will help offset out of pocket expenses for Lufkin ISD Cheer. Athletes will be able to use 100% of the money they raise to pay off their individual bill.
- 3) Please do not let the cost deter you or your athlete. We will find a way to make it work! There is ALWAYS a way! :)